Healthy Kids Programming- January to June 2016



| Program or Service | Start Date | End Date | # served to | Who was served |
|---|------------------|------------------|---|---|
| Healthy Kids Public Education Campaign- marketing, social media and direct education campaigns to help parents get their children active and eating well. | Dec 2015 | March 2018 | June 30, 2016 6,245 website users 1375 facebook likes | Campaigns reached families in all neighbourhoods. |
| Supportive Skating Program- Free equipment and lessons at selected outdoor rinks | January 2016 | March 2016 | 90 | Programs were offered to 6-12 year olds at outdoor rinks in the Donovan, Minnow Lake and Chelmsford. |
| "Activate Your Neighbourhood"- Healthy Kids is providing support to grassroots groups to organize Active Play events in their neighbourhoods. | February 2016 | ongoing | 10 events 201 adults 247 children | This program is available to all neighbourhood groups and citizens. |
| Supportive swimming lessons- free lessons at City and community pools for children from selected schools. | January 2016 | March 2016 | 11 Schools 285 children | School boards selected schools where many children aged 7 to 11 had not had the opportunity to take swimming lessons. |
| "Winter Wonder" free outdoor education field trips for selected schools. | January 2016 | March 2016 | 481 | Students from age 9 to12 at schools across Greater Sudbury. |
| Supportive Cycling Program- Free cycling equipment and lessons for children in need. | March 2016 | June 2016 | 98 | Programs were offered to 4 to 12 year olds at school locations in Flour Mill, New Sudbury and Hanmer. |
| "Activate Grades 5 to 8"- Free weekly drop-in physical activity programs in neighbourhood youth centres and community centres. | April 2016 | ongoing | 705 visits 49 sessions | Programs were offered to 10-12 year olds at locations in the downtown, South End, Onaping Falls, Levack, Chelmsford, Hanmer, Lively, Flour Mill. |
| "Activate Your Recess"- Equipment, resources and training to support more active play at selected schools (through the Recess Rescuers program), child care centres and Best Start Hubs. | April 2016 | June 2016 | 15 schools 670 children | 10 schools from across CGS were selected for this program by school board partners. |
| Active Transportation- Support for children and families to walk and cycle to get to school and activities- including the piloting of a Walking School Bus and the Walk and Wheel to School Challenge | April 2016 | June 2016 | 366 children | Participating schools were from: Naughton, Coniston, Garson, the South End, Downtown, and Hanmer. |
| Free Snowshoe Lending in Partnership with Greater Sudbury Public Libraries. Community members can borrow snowshoes to get out and be active. | Feb. 2016 | ongoing | 199 pairs checked out | Snowshoes were available at 6 library locations. |
| "Snow Day" a free, fun-filled family festival to promote active outdoor family fun and introduce the community to the Healthy Kids Community Challenge. | January 2016 | February 2016 | 750 (382 children). | Families from across CGS participated in this event. |
| HKCC partnered with Centre de santé communautaire du Grand Sudbury (CSCGS) to offer a soccer program at no cost for francophone youth. | April 2016 | June 2016 | 130 | This program served francophone children aged 4-12 from Hanmer and the surrounding area. |
| iCan Bike program- a Learn-to-ride program for children and youth with disabilities. | July 2016 | July 2016 | 30 | This program served children with disabilities from across Greater Sudbury. |