

# CMHA - Sudbury/Manitoulin

## Presentation to Community Services Committee

October 5, 2015



**Canadian Mental  
Health Association**  
Sudbury/Manitoulin  
*Mental health for all*

**Association canadienne  
pour la santé mentale**  
Sudbury/Manitoulin  
*La santé mentale pour tous*



# CMHA - Sudbury/Manitoulin Managed Alcohol Program



Clients of other programs have been found to have the following top 5 prevailing health issues:

1. Malnourishment
2. Mental Illness
3. Diabetic
4. Wernicke-Korsakoff (also called wet brain, Korsakoff's psychosis, and alcoholic encephalopathy)
5. Liver Failure

*Alcohol is masking the real health issues as well as, preventing them from getting care. Please help them get the care they need.*

Reported from Ottawa – Shepherds of good hope



*A report prepared for Kwaie Kii Win Centre Alcohol Management Program by the Centre for Addictions Research of BC, University of Victoria, BC, Canada*

**TOWARDS ALCOHOL HARM REDUCTION:  
PRELIMINARY RESULTS FROM AN EVALUATION  
OF A CANADIAN MANAGED ALCOHOL  
PROGRAM**



# CMHA - Sudbury/Manitoulin Managed Alcohol Program

## 2016 Municipal Budget Funding Request

Funding Amount & Type	Funding Use	Business Case/Rationale
\$800,000 – One Time Funding	2016 building to be purchased:  Renovation costs to bring building up to code and meet AODA guidelines	Supports City of Greater Sudbury's Housing First Strategy  &  10 Year Housing and Homelessness Plan

# CMHA - Sudbury/Manitoulin Managed Alcohol Program



## 2016 Municipal Budget Funding Request

Funding Amount & Type	Funding Use	Business Case/Rationale
\$47.75 per diem X 9 clients - \$156,860 per year	Residents may not qualify immediately for social assistance, <b>CHPI</b> funds are to assist approximately <b>60%</b> of the clients	Meets both CHPI program outcomes: People experiencing homelessness to obtain and retain housing & people at risk of homelessness remain housed.



# CMHA - S/M Current Activities

- CMHA believes our community needs a strong housing plan for those with mental illness and addictions
- The Board of Directors is developing a process to consider a building purchase with multiple program options that will benefit the community



# Outcomes and Benefits

These numbers are from the Ottawa program

## Outcomes

- 94% Reduction in Arrests
- 40% - 80% Reduction in police contacts
- 47% Reduction of ER Presentation
- 100% - Improved Social Integration
- 66% Reduction in average amount of alcohol consumed over 10 years.

## Other Benefits

- Improved quality of life
- Improved physical and mental health
- Reintegration into the community and transition to other types of housing

*Cost-benefit study in Ottawa showed that for every \$1 spent on MAP program, \$3 were saved*



# CGS Housing First Strategy

Housing First Components	CMHA - S/M Managed Alcohol Program
Crisis Intervention and short term stabilization	✓
Housing	✓
Case Management	✓
Wrap around services	✓





# According to Dr. Stephen Gaetz\*

- The link between substance use and homelessness isn't necessarily causative but rather reactive.
- That is, homelessness may lead to substance use more often than substance use being the reason that one becomes homelessness.

\*Professor & director of the Canadian observatory on homelessness/homeless hub  
<http://homelesshub.ca/blog/ask-hub-are-governments-supportive-harm-reduction-approach>



# CGS's Ten-Year Housing and Homelessness Plan

1. There is a need to strengthen approaches to preventing homelessness, increase the **diversity of emergency shelters** options and support individuals with **multiple barriers** in obtaining and maintaining housing.
2. There is a need for additional **supportive** services coupled with **permanent housing** options
3. There is a need to improve **co-ordination, collaboration** and partnerships among a broad range of stakeholders to address local needs



# Alignment with NE LHIN IHSP Priorities

## Increase Primary Care Coordination

- ✓ To fulfill the program goal of improving the health status of the clients, access to primary care services is a major priority. Without the program, the clients would likely not have ready access to primary care.

## Enhance Care Coordination and Transitions to Improve the Patient Experience

- ✓ The program is working in close collaboration with community partners to enhance care coordination and transitions for the target population. Transition planning happens quite early in the program delivery.

## Make Mental Health and Substance Abuse Treatment Services More Accessible

- ✓ The program is designed and targeted to make Mental Health and Substance Abuse Treatment Services more accessible to a population who wouldn't otherwise readily access these services.

## Target the Needs of Culturally Diverse Population Groups

- ✓ Based on demographics of the population served, cultural sensitivity is at the heart of the program and it is designed to meet the needs of diverse population groups.

# Alignment between CGS Housing and Homelessness Plan and CMHA - S/M Managed Alcohol Program



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## 1. Preventing homelessness, increase diversity of emergency shelter options and support individuals with multiple barriers in obtaining and maintaining their housing

Harm Reduction Program	CGS Housing and Homeless Plan Objectives	CGS Housing and Homeless Plan Outcomes
<ul style="list-style-type: none"><li>• Provide housing to chronically homeless and alcoholic individuals</li><li>• Transition to other housing or addiction treatment</li><li>• Provide primary care and other services and supports</li></ul>	<ul style="list-style-type: none"><li>• Ensure emergency accommodation is available when needed, but focus on transitioning to permanent housing</li><li>• Address the needs of the most vulnerable populations of homeless</li></ul>	<ul style="list-style-type: none"><li>• Decrease in shelter usage</li><li>• Decrease in number of repeat shelter stays</li><li>• Less person experiencing chronically and episodically homelessness</li><li>• Most vulnerable population of homeless have access to services</li></ul>



## 2. Additional supportive services coupled with permanent housing (both supportive housing and supports in private homes)

Harm Reduction Program	CGS Housing and Homeless Plan Objectives	CGS Housing and Homeless Plan Outcomes
<ul style="list-style-type: none"><li>• Provide housing to chronically homeless and alcoholic individuals</li><li>• Transition to other housing or addiction treatment</li><li>• Provide primary care and other services and supports</li></ul>	<ul style="list-style-type: none"><li>• Ensure the supports are available for individuals to achieve and maintain housing stability</li><li>• Ensure adequate permanent housing linked with support</li><li>• Reduce barriers to accessing housing, services and supports</li></ul>	<ul style="list-style-type: none"><li>• Services available and provided in a timely fashion so that tenancies are maintained</li><li>• Housing opportunities linked with supports</li><li>• Improved co-ordination between agencies and housing providers</li></ul>



### 3. Improve co-ordination, collaboration and partnerships among a broad range of stakeholders

Harm Reduction Program	CGS Housing and Homeless Plan Objectives	CGS Housing and Homeless Plan Outcomes
<ul style="list-style-type: none"><li>• More than 17 partner agencies</li><li>• Allowing system resources such as police, ambulance, ED to be used appropriately</li><li>• Letters of support from HSN, NOSM, GSPS, Laurentian University and Greater Sudbury Chamber of Commerce</li></ul>	<ul style="list-style-type: none"><li>• Improve effectiveness of the local housing system by increasing coordination, collaboration and partnerships among a broad range of stakeholders involved in housing</li></ul>	<ul style="list-style-type: none"><li>• Co-ordinated approach applied to community housing and homelessness issues</li><li>• Community support for housing and homelessness initiatives</li></ul>



# Link to other Community Initiatives and Strategies

- Drug Strategy:
  - Priority 1 – Implement actions to reduce harms associated with substance abuse
  - Priority 3 – All people have access to safe, appropriate and affordable shelter and housing
  - Priority 6 – People who use substances have optimal physical, social, emotional, mental and spiritual health
  - Priority 7 – People with substance addictions can get well





# Related Successful Initiatives

## Percy Place, North Bay

- **15** patients have been successfully transitioned to specialized housing in community
- Cost of providing services in the community are **35%** less than in hospital, representing savings of **\$3** million/year
- High support housing with RN, social worker, behavioural therapist, peer support, and occupational therapist improves transition and health and wellness of individuals





# Community Support

- *“We applaud the CMHA for this initiative”* - **Dominic Giroux, President, Laurentian University**
- *“I am confident that the Harm Reduction Home will play a critical role in reducing the homelessness rate in the city of Greater Sudbury.”* - **Dr. Roger Strasser, Dean and CEO NOSM**
- *“I look forward to continuing to grow Cambrian’s partnership with CMHA through this new initiative, and also look forward to working together to achieve broader community benefit by addressing the needs of some of the more vulnerable members of our city.”* – **Bill Best, President, Cambrian College**



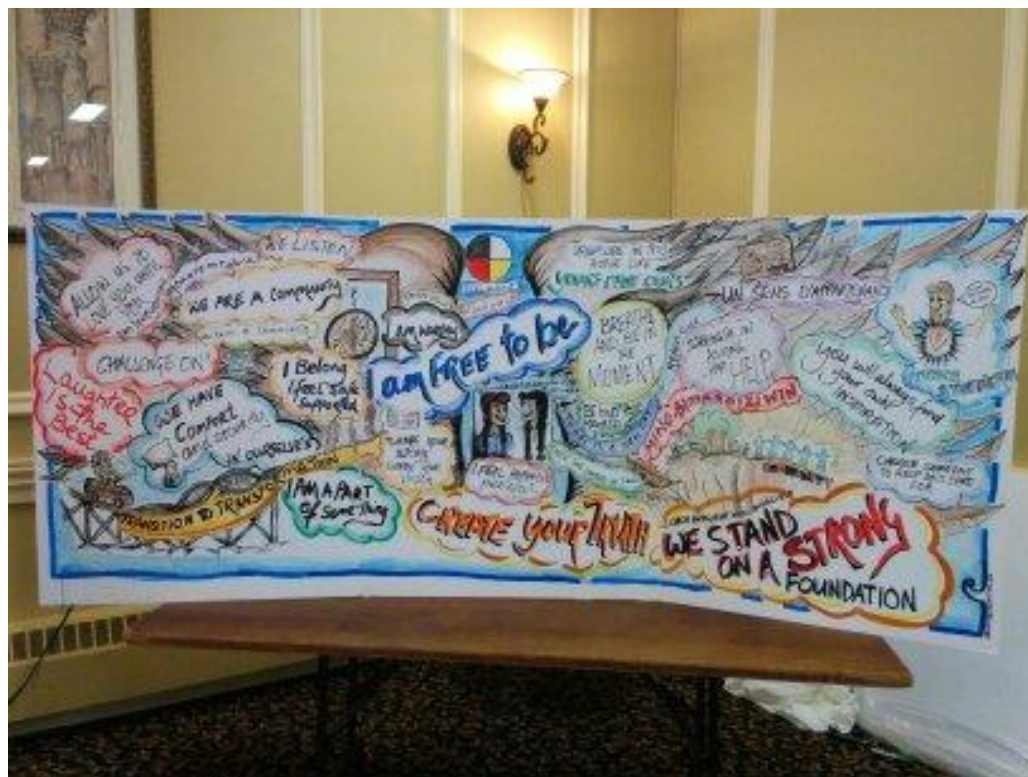
# Community Support

- *“Together, we believe that offering people who are chronic users and homeless a place to stay with access to a managed alcohol program is a pragmatic and humanistic approach that will offer this unique population a greater chance for well-being and positive changes in their lives.”* — **Penny Sutcliffe, CEO, Sudbury & District Health Unit**
- *“As an advocate for the community, the chamber recognizes the importance the Harm Reduction Home will have on the city in the form of key measurable benefits to community members as other similar programs throughout the country have exemplified.”* — **Debbie M. Nicholson, CEO Greater Sudbury Chamber of Commerce**
- *“We wholeheartedly support this program as we believe that it will positively impact numerous agencies within the city of Greater Sudbury and especially assist those who are most vulnerable.”*— **Paul Pedersen, Chief of Police**



*"I'm not drinking ah, hairspray, mouth wash, hand sanitizer, ah, cologne, body spray or anything that contains alcohol. I haven't touched that stuff for a long time...when I first came into this program everything really changed and I'm happy about that."*

-Resident of The Kwae Kii Win Managed Alcohol Program



***We ask you for your support in making the community's vision of this Home a Reality!***



# Questions?

