

Health Promotion Community Paramedic Program



City of Greater Sudbury

Emergency Services Committee

February 7, 2018

Background: Issues facing Sudbury



**Aging
Population**

**↑ Incidence
of Chronic
Disease**

=

**↑ Health
Care
Demands**

Health Promotion Program

Objectives:

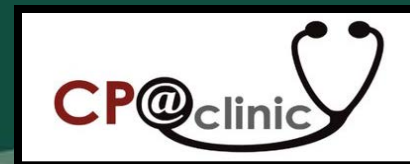
- Promote Healthy Lifestyles
- Chronic disease recognition and management
- Community Services Referrals and Navigation

Goals:

- ↓ Emergency Calls
- ↓ Hospital Visits
- Improve Health
- Aid to Vulnerable Populations

Community Paramedic Initiatives

1. Paramedic Referrals
2. Rapid Mobilization Table (RMT)
3. Shelters Clinics
4. Community Paramedic (CP@Clinic) Research Program



Paramedic Referral to NE LHIN Home and Community Care

Identification of those failing to thrive in their home

Paramedic creates immediate referral for home services

Individual is offered supports required to live independently at home





Community **Mobilization** Sudbury
Mobilisation **Communautaire** Sudbury
Weweni **EnjiNagidwendaagozing**

Rapid Mobilization Table (RMT)

A partnership where representatives from various community agencies meet to provide immediate wrap around services to those at risk of harm.

Health Promotion Wellness Clinics



Shelters Clinics

- 2 weekly Shelters clinics
- Targets Sudbury's vulnerable homeless population
- Reengagement to the health care system



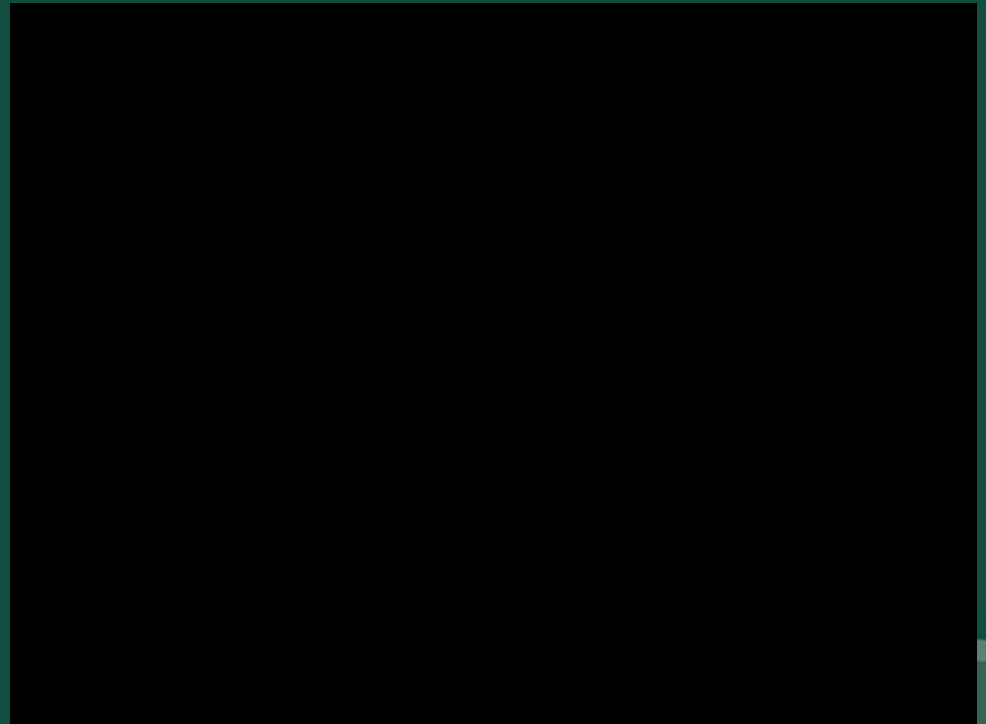
Community Paramedic@Clinic



- Targets Older Adults
- Wellness clinics in subsidized apartment buildings
- Encourages healthy lifestyle changes

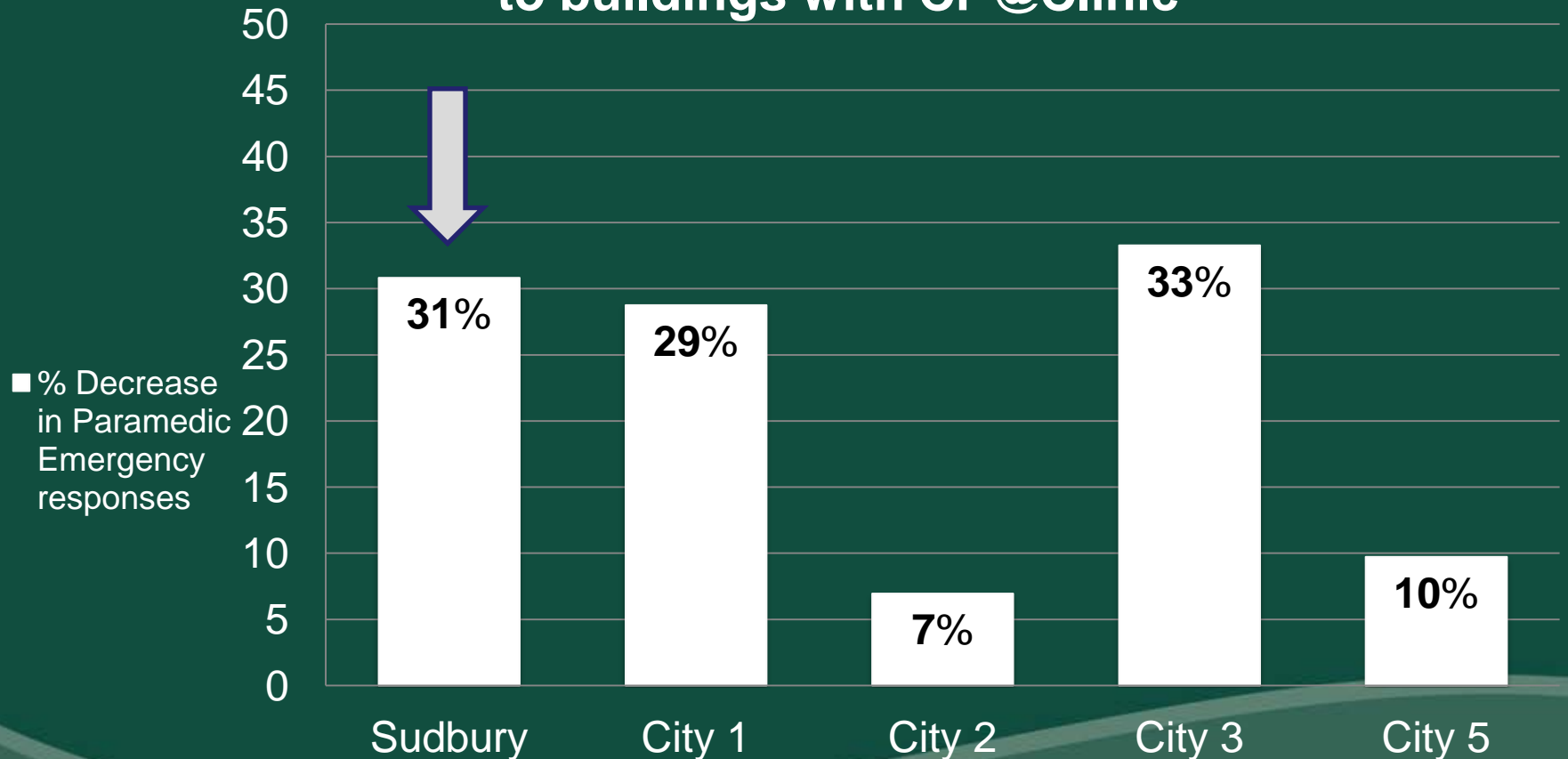
CP@Clinic: Research Study Results

- Research Pilot
- 2 Sudbury buildings
- ↓ 911 calls and
Emergency Visits
- ↑ Improve Health
and quality of life



CP@Clinic: Research Results

Decrease in Paramedic Services Calls to buildings with CP@Clinic



Partnerships

The Health Promotion Community Paramedic initiatives are successful as a result of our partnerships

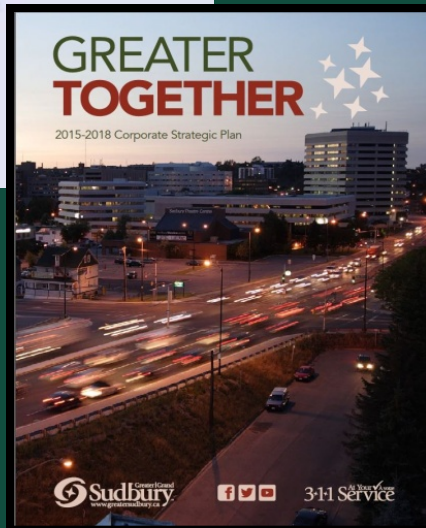
- Community Mobilization Sudbury
- NE LHIN Home and Community Care
- Health Sciences North
- Salvation Army
- Greater Sudbury Housing Corporation
- McMaster University

Aligned with Health Care and Community Priorities

Living Longer, Living Well

Report Submitted to the Minister of Health and Long-Term Care and the Minister Responsible for Seniors on recommendations to Inform a Seniors Strategy for Ontario.

Dr. Samir K. Sinha, MD, MPH, FRCP
Provincial Lead, Ontario's Seniors Strategy



“Quality of Life and Place

A. Create programs and services designed to improve the health and well being of our youth, families and seniors”



Success to Date

2017:

- 425 community referrals to services
- 1077 one-to-one education sessions
- 80 Shelters Patients
- 191 Paramedic referrals to NE LHIN HACC
- CP@Clinic has proven a 2:1 return on investment
- Patient surveys show positive reviews and comments

Next Steps

- Continue health promotion initiatives and expand our services throughout CGS – Capreol – Lively – etc.
- Further develop our diversion programs so that we may continue diverting patients from the Emergency Department to appropriate services within our community.
- Participate in the CP@Home research program which targets frequent 911 callers with home visits and links to community services.

Health Promotion Community Paramedic Funding

Since 2014 Sudbury has been funded by the NE LHIN for 2 CP programs

The City of Greater Sudbury Paramedic Services funds the in-kind contributions of vehicle, management oversight and some medical supplies to these CP programs

2017	Health Promotion	Care Transitions	Totals
LHIN Funding	\$100,700	\$227,800	\$328,500
CGS/Partner Agency Contribution	\$32,987	\$147,165*	\$180,152*
Combined Program Costs	\$133,687	\$374,965*	\$508,652*

*Partner Agency Contribution to Care Transitions = \$9,125

Thank You!

